

# Over Responsibility

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| <b>OVER RESPONSIBILITY</b>   |   |
| Money Mindset  | Expansive mindset   |
| <i>I believe that if someone I care about is not making a good choice, it is my responsibility to do something about it, if I don't I am partly responsible for the consequence.</i> | <i>I believe that people are responsible for their own lives and the choices they make. Consequences of their actions are not my fault.</i>                                   |
| <i>If I set a limit with someone or state a preference, I feel responsible for their feelings.</i>   | <i>When I set a limit or state a preference, I can be sensitive to other's feelings without taking responsibility for them.</i>   |
| <i>If others do not do their fair share of the work, it is my responsibility to take up the slack.</i>   | <i>If others do not do their fair share of the work, it is not my responsibility to step up. I am willing to allow the consequences of other people's action or inaction.</i> |
| <i>I tend to put other people's needs before my own.</i>   | <i>I believe that taking care of myself is more or as important than taking care of others.</i>   |
| <i>When others are in pain I become upset and try of fix their problem and/or point out what they are doing wrong.</i>   | <i>When people are in pain, I can listen with compassion but it is not my job to fix or solve their problem</i>   |